

# DISABILITY RIGHTS CENTER - NH

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## **Know Your Employment Rights: How Can I Get An Accommodation?**

**Video:** <https://drcnh.org/videos/know-your-employment-rights-how-can-i-get-an-accommodation/>

**Samuel:** How can I get it accommodation?

**Jennifer:** You know, once you're hired, first, congratulations to the person, because they've been actually hired. Second, is you ought to go to either your supervisor or the human resources department and you can ask for an accommodation through them. You may have to fill out paperwork and provide some medical documentation, but it shouldn't be a hard process and it's really an interactive process and if you need help, again, in making that reasonable accommodation, you can always reach out to us here at the Disability Rights Center for help in where you go and how you make that initial request for an accommodation.